

# KS3 Girls PE Curriculum

*Subject on a Page*

PS = Performance Skills PC = Physical capacity OO = Outwitting Opponents EP = Evaluate Performance TW = Team Work I&PC = Intellectual & Physical Challenge

## Terms 1, 2, 3 & 4

## Term 5

## Term 6

Year 7

Fundamentals

PC

Football 1

TW OO

EP PS

Dance 1

Concepts of Games

TW OO

EP PS

Gymnastics 1

Netball 1

TW OO

TW I&PC

OAA 1

Athletics 1

PC

Striking & Fielding

OO

Year 8

Handball 1

TW OO

EP PS

Dance 2

Football & Fitness 2

TW OO

EP PS

Trampolining 1

Inter-Form Competition

TW OO

EP PS

Gymnastics 2

Netball 2

TW OO

TW I&PC

OAA 2

Athletics 2

PC

Striking & Fielding 2

OO

Year 9

Handball 2

TW OO

EP PS

Gymnastics 3

Football & Fitness 3

TW OO

EP PS

Table tennis

Dance 3

EP PS

EP PS

Trampolining 2

Netball 3

TW OO

EP

Introduction to KS4

Athletics 3

PC

Striking & Fielding 3

OO