

KS3 Boys PE Curriculum

Subject on a Page

PS = Performance Skills PC = Physical capacity OO = Outwitting Opponents EP = Evaluate Performance TW = Team Work I&PC = Intellectual & Physical Challenge

Terms 1, 2, 3 & 4

Term 5

Term 6

Year 7

Fundamentals

PC

Football

Dance

TW PS

Concepts of Games

Gymnastics 1

TW

Rugby 1

OAA 1

TW I&PC

Athletics 1

PC

Striking & Fielding

OO

Year 8

Handball 1

Basketball 1

TW OO

Football & Fitness 2

Trampolining 1

TW EP PS

Inter-Form Competition

Gymnastics 2

TW EP PS

Rugby 2

OAA 2

TW I&PC

Athletics 2

PC

Striking & Fielding 2

OO

Year 9

Handball 2

Gymnastics 3

EP PS

Football & Fitness 3

Table Tennis 1

TW OO PS

Basketball 2

Trampolining 2

TW EP PS

Rugby 3

Introduction to KS4

EP

Athletics 3

PC

Striking & Fielding 3

OO