

Shirebrook Academy

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Striving for **Excellence**
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CEO: Rebecca Scutt BSc (Hons), PGCE

Ref: RSEConsultation2026

24th April 2026

Relationships and Sex Education (RSE) and Health Education Guidance

Dear parents/carers,

The government has introduced new relationships and sex education (RSE) and health education guidance, that we're required to follow from 1 September 2026.

We are consulting with parents/carers to make sure our updated curriculum meets the government's requirements, as well as the needs of all our pupils.

We've worked hard to make sure that our new curriculum reflects:

- Our pupils' ages and developmental stages, as well as their physical and emotional maturity and cultural and religious backgrounds
- Every pupil's learning needs, including the needs of any pupils with special educational needs and disabilities (SEND)
- Our school's vision and values
- What pupils need to know to be healthy and safe in school, in their personal relationships and in the wider world

We've now updated our RSE policy to include our proposed new curriculum.

You will find a copy of our proposed RSE policy and curriculum map attached to this letter.

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If you have any feedback on the proposed RSHE curriculum or require further information about this consultation, please complete the following Microsoft Form:

[Consultation on Relationship and Sex Education \(RSE\) Policy – Fill out form](#)

The deadline for responding to the consultation is Thursday 7th May.

Yours sincerely,

Mrs Lindsay Ward
Vice Principal
Personal Development, Reading and Safeguarding Lead

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