KS4 BTEC Sport Curriculum

Subject on a Page

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6

Year 10

Component 2 - Delivery

Understand how different components of fitness are used in different physical activities.
Participate in sport and understand the roles and responsibilities of officials.
Improving participants sporting techniques.

Component 2 - Pearson Set Assignment

Understand how different components of fitness are used in different physical activities.
Participate in sport and understand the roles and responsibilities of officials.
Improving participants sporting techniques.

Component 1 - Delivery

Types and provision of sport and physical activity for different types of participant.
Equipment and technology required for participants to use when taking part in sport and physical activity.
Prepare participants to take part in physical activity.

Year 11

Component 1 - Pearson Set Assignment

Understand how different components of fitness are used in different physical activities.
Participate in sport and understand the roles and responsibilities of officials.
Improving participants sporting techniques.

Component 3 - Delivery

Importance of fitness for sports performance.
Fitness testing.
Fitness training methods.
Fitness programming.

Component 3 - Revision & Examination

Importance of fitness for sports performance.
Fitness testing.
Fitness training methods.
Fitness programming.

Component ONE:

Preparing participants to take part in sport and physical activity.

30%

Internally assessed, and externally moderated.

Written and practical assessment.

Component TWO:

Taking part and improving other participants sporting performance.

30%

Internally assessed, and externally moderated.

Written and practical assessment.

Component THREE:

Developing fitness to improve other participants performance in sport and physical activity.

40%

Externally assessed written examination.