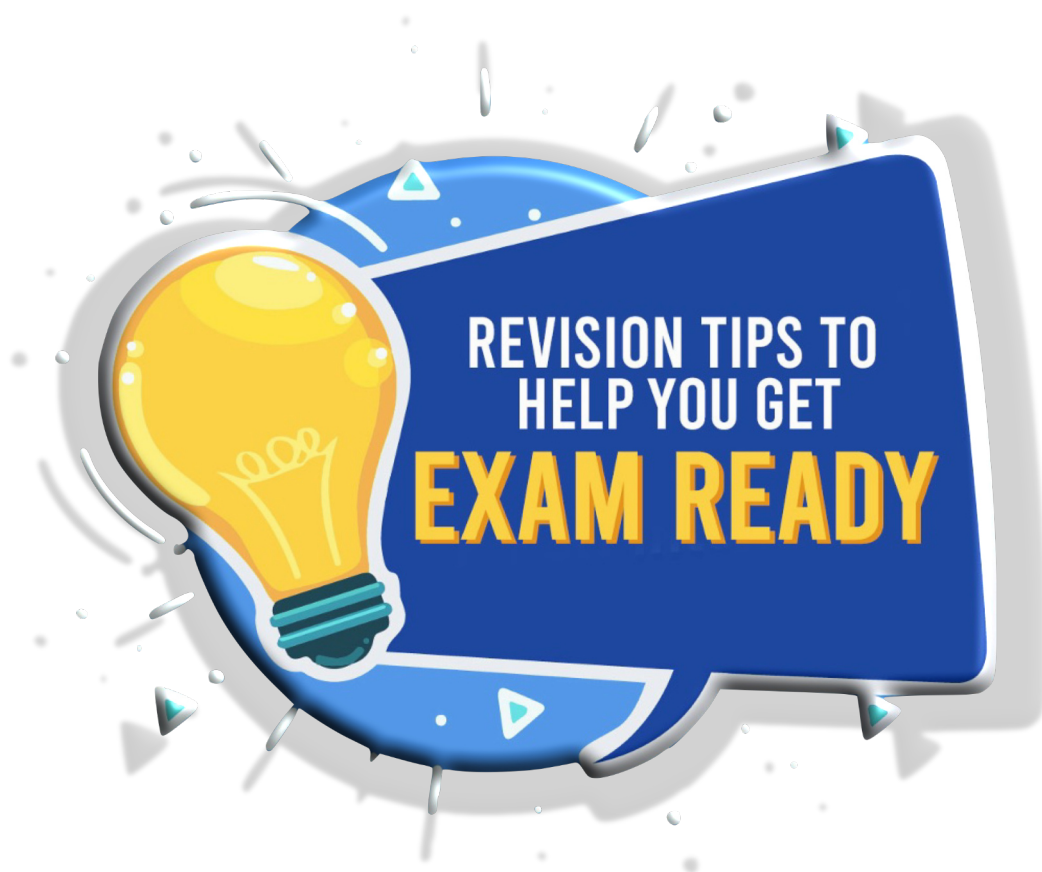


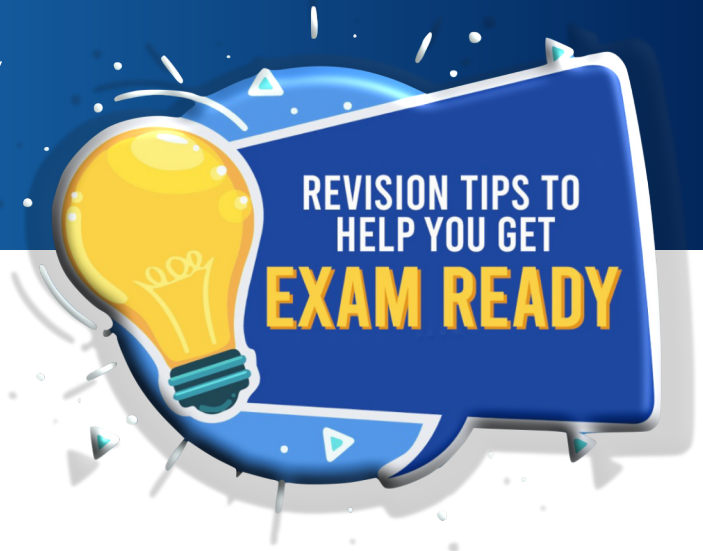


Shirebrook Academy

Together, aiming high.

Semper ad meliora.





Shirebrook Super Seven

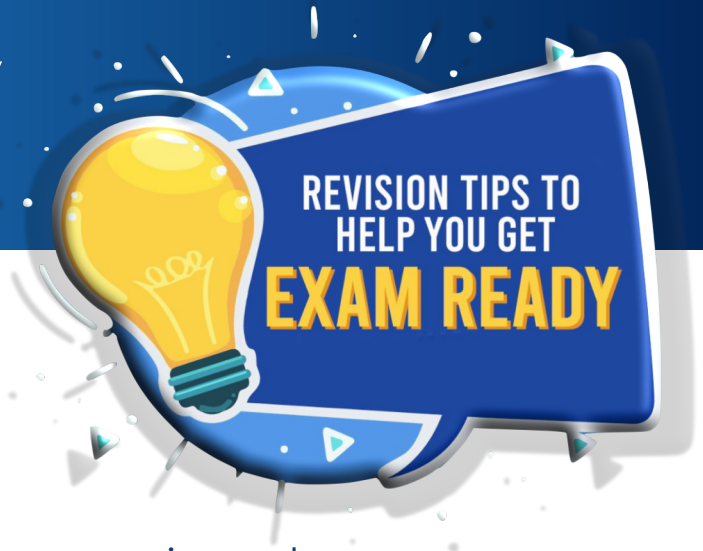
The students that succeed in their examinations by and large:

- * Work hard and try their best in every lesson.
- * Revise – with a clear structure/plan.
- * Attend school – 94%+
- * Listen carefully in lessons.
- * Behave and allows themselves and others to learn.
- * Have a high standard of presentation in their books.
- * Follow instructions .

Shirebrook Top Revision Tips

- * Focus your revision into 30 min blocks.
- * Plan your time and structure your revision sessions carefully.
- * Don't give yourself too much to learn – be realistic.
- * Get your revision guides, notes and books well organised.
- * Testing and re-testing is the most effective way to remember information.
- * Stay positive and stick to your plan.
- * Ask your teachers for help.
- * Start now – don't leave it too late.
- * Think about which subjects/topics you find most difficult.
- * Get rid of all distractions - e.g. phones/ipads or at very least turn off all notifications!
- * Revise in a quiet organised place.





Never too soon to start!

You have only a limited amount of time to revise at least two years worth of content, and so you will need to plan and schedule your revision carefully and wisely in order to be successful.

Unfortunately, when it comes to thinking about what we know/need to revise, we are often overconfident in how much we think we already know. What's worse, some of the most popular study strategies students report using, like reading repeatedly, tend to inflate our confidence, making us think we know far more than we really do!

Students tend to like revision strategies that make them feel like they are learning more. However, research and evidence has shown countless times that the most effective way to revise is by using retrieval activities and retesting yourself over and over again.

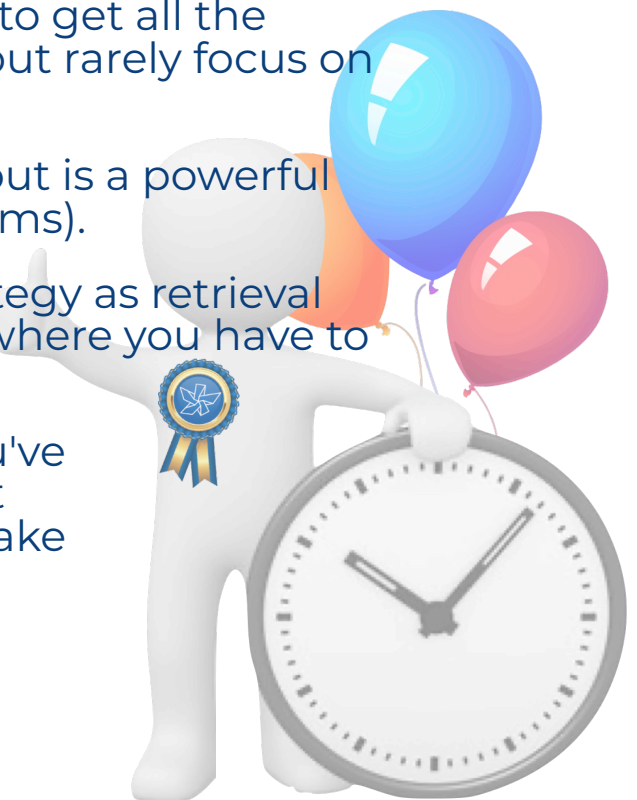
Bring to mind what you can remember

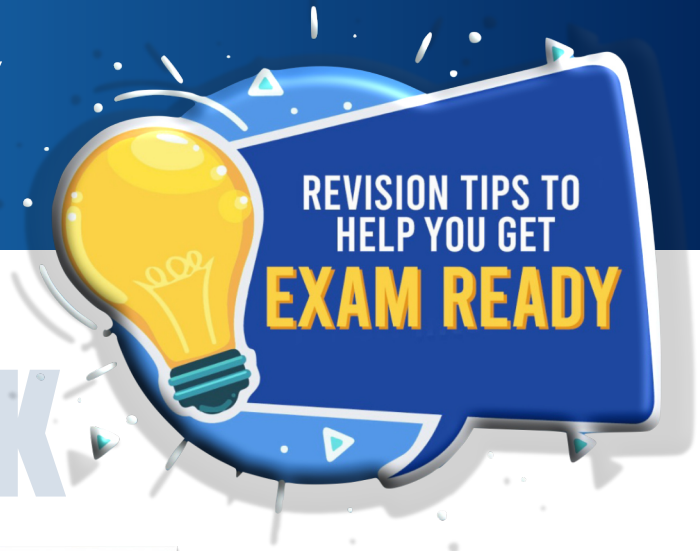
Students are often worried about trying to get all the information they have into their heads, but rarely focus on getting the information back out again.

However, getting the information back out is a powerful way to learn (and what is required in exams).

Cognitive psychologists refer to this strategy as retrieval practice and it simply involves any task where you have to recall what you have previously learned.

When you try and bring to mind what you've learned in the past, you not only find out whether you can do this, but you also make that memory stronger.





Make it Stick



Read/highlight
& revise



Test



Revisit areas
unknown



Test again

1. Read the text you are wanting to learn. After you have read the text make a short quiz/test (6-9 questions) about the information in the text. Highlight key information from the text and learn the information. This can be done in a variety of ways - flash cards - pictures or mindmaps.
2. Test yourself now on the questions you previously wrote - see how many you got right and how many you got wrong.
3. Revisit the text and work on the areas of the text you got wrong.
4. Revisit the original test and see if you have improved - if not keep repeating until you can recall all answers and get 100% on the test.

GOOD LUCK