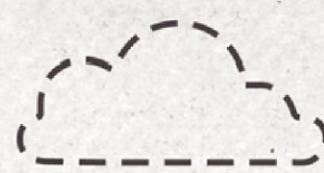


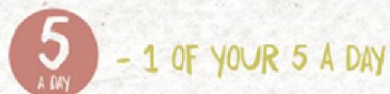




WATT'S
FOR LUNCH?
FUEL YOUR DAY WITH A
HEALTHY SCHOOL LUNCH



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Tomato and basil pasta bake topped with mozzarella cheese served with herby garlic bread	Chicken and vegetable teriyaki noodles	Roast chicken and stuffing served with crispy roasted potatoes	Lasagne served with herby garlic bread	Fish fingers Or Sausage served with chips
Vegetarian Main Dish 	Mediterranean flat pizza topped with mozzarella cheese and basil	Quorn and vegetable stir fry with noodles	Cheese and tomato quiche served with side salad and new potatoes	Quorn lasagne served with herby garlic bread	Quorn dippers served with chips
Accompaniments 	Seasonal vegetables and salad	Seasonal vegetables and salad	Seasonal vegetables and salad	Seasonal vegetables and salad	Baked beans Mushy peas
Pasta and rice	Pasta king selection with a selected filling of the day	Pasta king selection with selected filling of the day	Pasta king selection with a selected filling of the day	Pasta king selection with a selected filling of the day	Pasta king selection with a selected filling of the day
Jacket potatoes	Jacket potato with various filling	Jacket potato with various fillings	Jacket potato with various fillings	Jacket potato with various fillings	Jacket potato with various fillings
Snack bar	Selection of Snack bar items and Panini's served daily	Selection of Snack bar items and Panini's served daily	Selection of Snack bar items and Panini's served daily	Selection of Snack bar items and Panini's served daily	Selection of Snack bar items and panini's served daily
Chilled grab and go	Selection of handmade baguettes, sandwiches and wraps	Selection of handmade baguettes, sandwiches and wraps	Selection of handmade baguettes, sandwiches and wraps	Selection of handmade baguettes, sandwiches and wraps	Selection of handmade baguettes, sandwiches and wraps
Dessert	Selection of homemade biscuits, cakes, dessert pots and fruit pots	Selection of homemade biscuits, cakes, dessert pots and fruit pots	Selection of homemade biscuits, cakes, dessert pots and fruit pots	Selection of homemade biscuits, cakes, dessert pots and fruit pots	Selection of homemade biscuits, cakes, dessert pots and fruit pots



MENU