

Shirebrook Academy

Principal: Lindsey Burgin BA (Hons) PGCE, MA
Chair of Governors: Mike McDermott
Executive Principal: Rebecca Hibberd BEd (Hons), MA
CEO: Rebecca Scutt BSc (Hons) PGCE

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Vice Principals
Lindsay Ward BA (Hons) PGCE
Damian O'Reilly BA (Hons) NPQSL

Ref: RDU/CG

July 2024

Dear Parent/Carer

My Life, My View 2024 – Student Health and Wellbeing Survey



Our school, along with several others, has agreed to participate in a very important survey amongst young people. We have been asked to support the work of the Local Authority Children's Services and Public Health.

The survey data in schools may prompt review of the curriculum and has also been used in a variety of ways including:

1. As a starting point for discussion in classroom activities
2. As a guide in the choice of resources
3. As a prompt for appropriate timing of courses
4. As a beginning for further enquiry to strengthen existing programmes, e.g. in PE
5. As a starting point for discussions between parents and schools

The My Life, My View survey has been in use in Derbyshire since 2015; the SHEU who are running this survey for the Council have been engaged in this sort of work since 1977.

The questions concern a wide range of health topics, for example:

Home and family
Tobacco, Alcohol, Drugs
Healthy Eating
School and Council support

Emotional health and well-being,
Leisure and online activities
Exercise
Relationships, Sexual health

The Children's Services and Public Health will also have a reliable database upon which it can objectively plan health care provision for young people. Links between the school and the Authority can be strengthened.



All adults in school have a responsibility to safeguard and promote the welfare of children.

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Both the Local Authority and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to your school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils, which can be found on the reverse of this sheet.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise and I look forward to working with you in planning improved health promotion for our pupils. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.

As part of the survey, it will be helpful if your son/daughter brings the following information:

- their **postcode**
(this will be used only for drawing maps of results in the area; your house will not be identified)

The survey will probably be carried out in the next month.

Yours sincerely

Rob Duroe
Assistant Vice Principal – Personal Development



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